

Press release

Achmea sells LTC Training to NextSteps.nu

Zeist/Zwolle, 3 October 2019 – Achmea and NextSteps.nu have reached agreement on the acquisition of Leefstijl Trainingscentrum N.V. (LTC Training) by NextSteps.nu. The sale has been prompted by confidence that LTC Training's healthy growth and further development are better ensured outside Achmea.

LTC Training was founded in the early 1990s and since several years its entire share capital has been owned by Achmea. The existing contractual arrangements for LTC Training's services to customers of Zilveren Kruis, Centraal Beheer and Interpolis (all three are part of Achmea) are being transferred to NextSteps.nu, as are the contracts with parties outside Achmea.

LTC Training is a nationwide network organisation with a small own staff and about 45 independent trainers/coaches who specialise in optimising sustainable employability and assisting with change processes at organisations. LTC Training's work originates in applying skills and knowledge in group dynamics, change management, business administration, haptonomy and systemic working.

www.ltctraining.nl

NextSteps.nu was founded recently. Its owners have long-term links with LTC Training and its philosophy. www.nextsteps.nu

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About Achmea

Achmea is the cooperative parent company of strong insurance brands such as Centraal Beheer, Interpolis and Zilveren Kruis. Together they form the largest insurance group in the Netherlands (approximately 14,000 employees). Achmea has a cooperative background and balances the interests of customers, partners, employees and shareholders. Achmea customers contributed premiums of approximately €20 billion in 2018. Achmea is the market leader in non-life and health insurance in the Netherlands. It also offers income protection insurance and, with Centraal Beheer APF, a good income for the future. The asset manager, Achmea Investment Management, has over €142 billion in assets under management. Achmea offers mortgages via Centraal Beheer and Woonfonds, among others. In addition to the Netherlands, Achmea is also active in five other countries.

www.achmea.nl