Press release

Achmea reserves € 400 million to limit the increase in healthcare premiums in 2027

Zeist, Friday 13 November 2026 – Achmea is allocating approximately € 400 million to limit the increase in the basic healthcare premium for 2027. This contributes to the affordability of healthcare premiums for more than 5 million customers of Zilveren Kruis, De Friesland, Interpolis, FBTO, and De christelijke zorgverzekeraar.

These five Achmea brands announced their healthcare premiums for 2027 yesterday, Thursday 12th November. The healthcare premiums will increase again due to rising healthcare costs. One of the reasons for this is that people are using healthcare services more frequently and for longer periods. However, the premium increase is substantially mitigated by the allocation of approximately € 400 million.

In line with its cooperative identity, Achmea seeks a responsible balance between an affordable healthcare premium for customers and a sound financial position for the company. The stated amount of € 400 million will be recognised in the 2026 financial year, in accordance with the IFRS 17 reporting standards.

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About Achmea
Achmea is a broad financial services company. In the Netherlands, we serve our customers through strong brands such as Centraal Beheer, Interpolis and Zilveren Kruis. We also operate in a variety of other countries, including Greece, Türkiye, Slovakia and Australia.

We were founded over two hundred years ago on the belief that we are stronger together than we are on our own. Achmea is not listed on the stock exchange. Vereniging Achmea owns two-thirds of the shares, with Coöperatieve Rabobank being the other major shareholder. Drawing on our co-operative identity, we work together to find solutions that create value for our customers and society as a whole. Our guiding principle is inclusion; we believe that society is stronger if everyone can participate.

In 2025, our gross written premiums totalled € 27.5 billion, € 2.2 billion of which was generated internationally. In the Netherlands, Achmea is market leader in health and property & casualty insurance, and ranks among the top three players in pensions and life insurance. In addition, we offer banking products, asset management and insurance as an integrated package for institutional customers, employers and consumers in the Retirement Services sector.

Achmea employs around 18,000 people worldwide, more than 14,000 of whom are based in the Netherlands.

This announcement was issued by Achmea B.V. and contains inside information within the meaning of article 7(1) of the EU Market Abuse Regulation.